

Driving Directions

Figure A.1 shows the course.



Figure A.1. Course Map

Directions begin at the NCDOT facility, Century Center B, located at 1020 Birch Ridge Drive, Raleigh NC 27610.

Exit parking area turning left onto Birch Ridge Drive, going uphill to traffic signal. Turn right onto Poole Rd, staying in right hand lane. Turn right onto **I-440**. *Begin data collection at the end of the ramp, represented as the paint striped gore. This is course milepost 0.00.*

Change lane into third lane from median. After I-40 East interchange, again change lanes into third lane from median. I-440 runs concurrent with I-40 for 10.4 miles. At sign for “exit 293-1 mile”, move to second lane from median. Stay on I-40 toward RDU Airport past the I-440 turn-off for about 4.2 miles.

Take **exit 289 Wade Avenue** (SR 1728) for about 2.75 miles, staying in the right-most through lane, to the exit for I-440/US 1, North toward Rocky Mount, Wilson.

Take **I-440 north** for 2.65 miles, staying in the outside through-lane, to **Exit 7 (Glenwood Avenue, US 70)**. Ramp has 2 left turn lanes. Get in the right-hand left turn lane.

At bottom of ramp, turn left onto **US 70 West**. Move to right-most through lane. Move to 2nd lane from median after Millbrook Rd. as the right hand lane will become ‘turn only’. Drive US-70 for a total of 6.99 miles.